# WOODS TRAIL GUIDE



## Welcome to the RiverWoods Exeter Trail System!

RiverWoods at Exeter has 4+ miles of trails surrounding the campuses of the Ridge, the Boulders and the Woods. A conservation agreement with SELT covers most of the trails on land surrounding the Woods campus.

The Resident Trails Committee monitors, maintains and modifies these trails within RiverWoods properties to promote safe use.

This Guide is available in digital format on the Resident Portal, under Resident Trails Committee.

See you out on the trail!

#### **Features to Note**

- A Falls Trail. King's Falls is the site of a dam and powder mills in use starting in the colonial era. Caution is required if walking out to the overlook.
- **Falls Trail.** On the opposite shore is the sluiceway which was used to return water from the mill pond.

- **Falls Trail.** Four benches provide good views of the Exeter River. One bench is on a flat approach to the water's edge, but becomes flooded during times of high water.
- Priver Trail. A short section of the larger River Trail is an accessible loop, flat, with hard packed gravel, for those using a wheelchair or rolling walker. Two benches provide views of the Exeter River. Accessible from the Fire Lane.
- **Downeaster Trail.** Near the right-of-way built by the Boston & Maine Railroad in 1841. Now owned by CSX Railroad. Used multiple times daily by Amtrak Downeaster passenger trains and by numerous freight trains.
- Spring Trail. Site of Historic Spring. How do you think the spring was used over the years?
- G Spring Trail and Blue Hook Trail. Area of 5 acres where forest was thinned in June 2022 to demonstrate Timber Stand Improvement. Compare with adjacent area where forest remained unchanged. Can be viewed from several points along these trails.

#### **Trails Information**

#### **Emergencies on Trails**

- It's preferable to use a walking pole and to walk with a companion. If you will be walking alone, let someone know when and where you expect to be on the trail(s).
- If you have a cell phone, take it with you when you leave for a hike.
- If you are in trouble, dial 911. Also, call the front desk of the appropriate campus. Let that person know that you have called 911 and explain where you are located.

Boulders: 1-603-658-5959 Ridge: 1-603-658-1510 Woods: 1-603-772-4700

 Dogs must be on leash per regulations of the Town of Exeter.

#### Blazes Indicating Turns on a Trail

This blaze means a turn to the left:

This blaze means a turn to the right:

### **Woods Trails**

