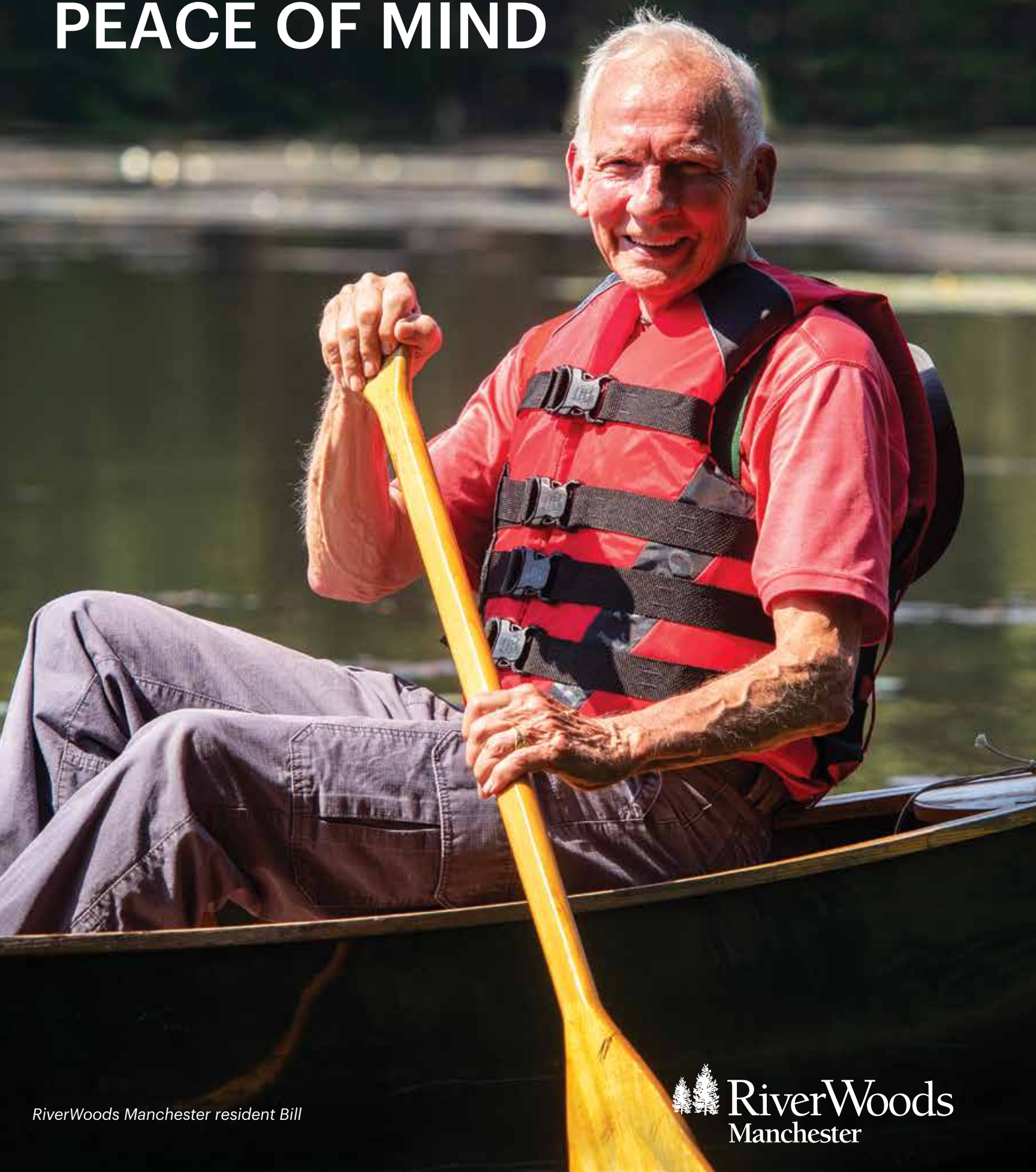


COMMUNITY PURPOSE & PEACE OF MIND



RiverWoods Manchester resident Bill



RiverWoods
Manchester

HISTORY AND MISSION

Our charitable roots began close to 150 years ago in 1875 with a small group of Manchester area women. They banded together to serve the needs of the greater community as The Women's Aid and Relief Society and had a positive effect on hundreds of lives.

Since then, we have evolved as the greater Manchester community has grown; creating the area's first hospital, and other levels of care. Along the way, we've been known as Pearl Manor, Hillcrest Terrace and Birch Hill. Today, as Manchester's only Lifecare Community we are a proud member of The RiverWoods Group, Northern New England's largest family of not-for-profit Lifecare Communities.

Our mission at RiverWoods Manchester is to bring community, purpose and peace of mind to vibrant adults, who want a solid plan for their future. Known for innovation, quality and person-centered care, RiverWoods Manchester enables our residents to enjoy new friends and activities, secure in the knowledge that if they need health care in the future, it is available to them, right within the community.





RiverWoods Manchester residents Carrye and Nancy



RiverWoods Manchester residents Bill and Doug

IT'S NOT WHAT YOU THINK

If you define your best life as staying in your home, think again. Home maintenance can get burdensome, and isolation can be challenging. RiverWoods Manchester is the perfect solution for retirees who want more out of life.

Discover a world of difference at RiverWoods Manchester – a community created for independent adults, 62 years or better, who want to live a more dynamic, engaged life. Meet new friends and experience new adventures, secure in the knowledge that you have a plan for whatever your future healthcare needs might be.





RiverWoods Manchester resident Julie

A LIFE OPEN TO ACTION AND FRIENDS

Walk your dog through the trails on campus, enjoy playtime in the dog run, or hike around in the 640-acre nature preserve across the street. Located in a country setting on 29 acres, just 10 minutes from the conveniences of downtown Manchester and 20 minutes from Concord, your life can be as private as you like, or as socially active as you desire, whatever you choose.

Our pet-friendly, non-smoking community is welcoming to all. Enjoy our flexible meal plan program that you can use as you like - you are not tied to specific meals at specific times. Discover the warmth and welcoming nature of RiverWoods Manchester. Visitors often comment that RiverWoods Manchester is so warm and friendly, they are greeted with a smile or wave at every turn.



RiverWoods Manchester residents Frank, Pat, Ann, Bob, Judy, and Karl



DO MORE OF WHAT YOU LOVE

We encourage our residents to be active citizens in the life of their new home. There are many choices – participating in committees, starting a new initiative, or helping to run one of the on-campus enterprises including a store, woodshop, newsletter, resale boutique and tavern. In addition to a full calendar of programs and trips, our residents run a variety of committees and clubs. If you have an interest, chances are you have a neighbor that does too. RiverWoods Manchester residents are active in the greater community, volunteering at the Currier Museum, Palace Theatre, and Granite State Greeters, to name a few.

In addition, there is opportunity to serve on Resident Council as a voice for your neighbors. Resident Council members work directly with the Executive Director. Our residents have an opportunity to be a full voting member on our CCRC Board of Trustees. The Board is comprised of the CEO of the RiverWoods Group, volunteer members of the external community and residents of our communities. They work in partnership to provide strategic direction for the future of our existing communities.



RiverWoods Manchester residents Scott and Kate

SMART FINANCIAL DECISION

It is a fact that more than 70% of us over 65 will need some form of long-term care. Additionally, we are living longer than any prior generation. Despite that, not many people plan for their future healthcare needs— even those who have planned all their lives.

At RiverWoods Manchester you don't pay for care until you need it, and you benefit from a low monthly service fee. If you need to transition to The Lodge, our healthcare center, the cost will be lower than market rate for services.

Each Independent Living resident can also benefit from 30 complimentary days in The Lodge every year, for temporary respite support. At RiverWoods Manchester, a portion of your entrance fee is refundable*, when you leave the community, providing asset preservation.

INNOVATIVE FLEX CONTRACT

RiverWoods Manchester is the only community in New England to offer a 70% flex contract. This allows residents the option to draw down on their 70% refundable entrance fee during their lifetime when they are in The Lodge, to cover the increase in monthly costs for health care, or save the refund as asset preservation. These unique Type B contracts offer significant financial advantages.

** Upon the resale of your apartment*

STAY IN CONTROL OF YOUR CHOICES

Staying in control means you've made choices on your terms. Moving to RiverWoods Manchester means that you have made the critical decisions about where you receive care in the future, if you need it. You are not leaving that decision to chance, nor are you burdening your loved ones with making the decision in a crisis.

Our residents all agree on one thing—that moving here was a gift to their children. Their adult children know if anything happens to them—a fall in the middle of the night, an unexpected medical event—that they have help within minutes. Your children do not become caregivers, and you remain in control of your choices.



RiverWoods Manchester resident Anita and daughter



RiverWoods Manchester residents Bill and Janet



RiverWoods Manchester residents Vivian & Bingo

A ROCK-SOLID PLAN FOR FUTURE HEALTH CARE

No one likes to contemplate a health change, but if it was needed, you would probably want award-winning nursing care; and the guarantee of a private suite with bath; as well as the ability to seamlessly transition to different levels of care, if needed, without a big move.

That's what you will find at RiverWoods Manchester. We provide a person-centered approach to healthcare, by staff with the most advanced training, who know our residents as individuals. Our high staff-to-resident ratio means that you get caring staff who strive to help you maintain your best life.

Find peace of mind knowing that you are guaranteed a private suite with a full bath in Assisted Living, Memory Support or Enhanced Assisted Living in The Lodge, our health center located on the same campus as Independent Living. The Lodge provides 24-hour licensed nursing supervision, as well as the advantage of having an on-site Nurse Practitioner in our Wellness Clinic.

In Assisted Living, our residents receive three meals a day; a packed calendar of programs and activities, and help with the activities of daily living, including medication management, bathing, dressing, etc. In Memory Support residents benefit from all the same advantages, but have programming specific to their cognitive stage. Within enhanced care our residents have access to chronic care services.

OUR INCLUSIVITY PHILOSOPHY

We define inclusivity as welcoming people. All people. We are thoughtful and intentional in developing our community to welcome the broadest spectrum of people, and we seek to consistently cast the widest possible net to expand the pool of potential residents, employees, and trustees. We are stronger for our differences. We are stronger, together.

THE BEST OF RIVERWOODS MANCHESTER

RiverWoods Manchester is located in a country setting on 29-acres, just 10 minutes from downtown Manchester and 20 minutes from Concord. The beautifully renovated community offers the best of both worlds. As a not-for-profit Lifecare community, RiverWoods Manchester provides community and peace of mind based on the philosophy that you don't pay for care until you need it, which results in a smart financial option for the future. RiverWoods Manchester is a RiverWoods Group Community. We are the largest independent not-for-profit Lifecare system in New Hampshire.

SERVICES AND AMENITIES

INDEPENDENT LIVING

- Innovative & flexible dining points program
- Housekeeping services
- Full and innovative schedule of wellness and fitness programming
- Extensive calendar of events, lectures, trips* and clubs
- Inside and outside maintenance
- 24-hour emergency response
- Scheduled transportation to local zip codes for doctor's appointments, shopping and errands
- All utilities included except land line phone
- On-site religious services
- On-site Wellness Clinic
- On-site blood pressure checks and lab services
- Access to Assisted Living, Memory Support and Enhanced Assisted Living all on same campus
- Home health services available*
- PT / OT Services*

* Additional Fee

OUR CAMPUS INCLUDES

- Recently updated homes with granite or quartz countertops, new appliances, cabinets and modern lighting
- Fully appointed Fitness Center with new equipment & a calendar of classes offering something for everyone
- Pet-friendly, non-smoking community
- Resident-run library
- Resident-run in-house closed-circuit TV channel and newspaper
- Resident-run Country Store
- Resident-run Tavern
- Resident-run resale boutique
- Raised garden beds
- Walking trails
- Dog Run
- Woodshop
- Art studio
- Community, private and outdoor patio dining options
- Community balconies and sunrooms
- Hair and Nail Salon services*
- Electric Vehicle Charging*
- Guest rooms for visiting family and friends*
- Across the street from a 640-acre nature preserve with hiking trails
- Mail Room & Postage Services



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