

THE IMPACT OF VOLUNTEERING

REDUCE CAREGIVER ISOLATION

FOSTER CONNECTION AND UNDERSTANDING

SUPPORT DEMENTIA CARE

GROW DEMENTIA AWARENESS

PERSONAL GROWTH AND DEVELOPMENT

COMMUNITY INVOLVEMENT

ABOUT US

Seacoast Dementia Hub began with a group of local caregivers who saw the need for a reliable place to get information. Inspired by the shared journey of caregiving, Seacoast Dementia Hub is our way of making sure others don't have to figure it all out alone. We envision a world where caregivers feel seen, supported, and empowered every day.



Make a difference in the dementia community



CONTACT US



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SeacoastDementiaHub.org

Scan to learn more



VOLUNTEER PROGRAM

WHY VOLUNTEER WITH SEACOAST DEMENTIA HUB

The Seacoast Dementia Hub Volunteer Program brings together compassionate individuals who want to support caregivers and people living with dementia. Through connection, education, and community engagement, our volunteers help create a more informed and supportive Seacoast community.



HOW CAN I GET INVOLVED

There are many ways to get involved with the Seacoast Dementia Hub. Volunteers can choose roles that match their interests, skills, and availability. Opportunities may include:

Assisting with event preparation and logistics, helping facilitate conversation at Caregiver Cafes, supporting communication with caregivers, or representing Seacoast Dementia Hub at community events.

All volunteers receive guidance and support to ensure they feel confident and prepared in their roles.



VOLUNTEER REQUIREMENTS

We welcome individuals who are compassionate, dependable, and interested in supporting families affected by dementia. Previous experience with dementia care is preferred, but not required.

Volunteers should:

- Be kind, patient, and respectful
- Be comfortable interacting with caregivers and those living with dementia
- Possess a desire to help
- Be willing to learn
- Be 18 years of age or older